

# MY VOICE, MY FUTURE



## SELF-ADVOCACY SERIES

APPLICATION DUE  
JANUARY 30

### February 23 - April 10 via Zoom

This series includes virtual workshops designed to build confidence, communication, motivation, problem-solving, and more! Workshop attendance is incentivized through prizes. Includes weekly access to a Certified Assistive Technology Instructional Specialist (CATIS).

#### **Workshop series always include:**

#### ***Orientation & Mobility/Independent Living***

Led by a COMS/VRT, participants learn about independent travel/living.

#### ***Social Hour***

Participants gather for self-led discussion, games, and movie night!

#### ***Speaker Retreats***

Participants connect with adults who are blind and visually impaired to learn about their careers and create connections.

Additional workshops series will be added based on participant and service provider feedback! Weekly meetings time vary based on the week and workshop schedule.

#### **Skills & Qualifications:**

- Independently access Zoom
- Communicate effectively & appropriately

