

MY VOICE, MY FUTURE



SELF-ADVOCACY WORKSHOPS

APPLICATION DUE JUNE 5

July 6 - August 14 via Zoom

This series includes virtual workshops designed to build confidence, communication, motivation, problem-solving, and more! Workshop attendance is incentivized through prizes. Includes access to a Certified Assistive Technology Instructional Specialist (CATIS).

Workshop series always include:

- **Orientation & Mobility/Independent Living** Led by a COMS/VRT, participants learn about independent travel/living.
- **Social Hour** Participants gather for self-led discussion, games, and movie night!
- **Speaker Retreats** Participants connect with adults who are blind and visually impaired to learn about their careers and create connections.
- **And More!**

Additional workshops series will be added based on participant and service provider feedback! Weekly meetings time vary based on the week and workshop schedule.

Skills & Qualifications:

- Independently access Zoom
- Communicate effectively & appropriately

